



# **RULES AND REGULATIONS POLICY**

# RULES AND REGULATIONS POLICY

## VALOR COMBAT SYSTEMS MEMBERSHIP

### NEW STUDENTS

- ALL NEW STUDENTS ARE REQUIRED TO INITIALLY PRE-BOOK CLASSES USING OUR PAY AS YOU GO OPTION, WHICH IS AVAILABLE AT AN INTRODUCTORY RATE OF £7 PER CLASS.
- VALOR COMBAT SYSTEMS PROVIDES TEMPORARY MARTIAL ARTS INSURANCE FOR NEW STUDENTS UNTIL THEIR MEMBERSHIP BECOMES ACTIVE. MEMBERSHIP WILL COMMENCE FROM THE 1ST DAY OF THE MONTH FOLLOWING THE STUDENT'S FIRST MARTIAL ARTS CLASS.

### ALL MEMBERSHIPS INCLUDE: -

- TUITION FEES
- MARTIAL ARTS INSURANCE
- A MEMBERSHIP PAYMENT LINK WILL BE SENT VIA EMAIL AFTER YOUR FIRST CLASS.
- ALL CLASSES MUST BE PRE-BOOKED VIA [WWW.BOOKWHEN.COM/VALORCOMBATSYSTEMS](http://WWW.BOOKWHEN.COM/VALORCOMBATSYSTEMS).

### MEMBERSHIP REGISTRATION

- ONCE A STUDENT HAS SIGNED UP FOR A MEMBERSHIP, A DIGITAL MEMBERSHIP LICENCE FORM WILL BE SENT VIA SIGNABLE. COMPLETION OF THIS FORM IS REQUIRED TO ACTIVATE MEMBERSHIP AND MARTIAL ARTS INSURANCE.
- MEMBERSHIP LICENCE FORMS COMPLETED INCORRECTLY CANNOT BE PROCESSED AND WILL THEREFORE BE DEEMED INVALID.
- VALOR COMBAT SYSTEMS RESERVES THE RIGHT TO DECLINE ANY MEMBERSHIP APPLICATION WITHOUT PROVIDING A REASON.
- COMPLETED MEMBERSHIP LICENCE FORMS WILL BE PROCESSED ACCORDING TO THE DATE THEY ARE SIGNED:
- FORMS SIGNED BETWEEN THE 1ST AND 14TH OF THE MONTH WILL BE DEEMED TO COMMENCE FROM THE 1ST OF THAT MONTH.
- FORMS SIGNED BETWEEN THE 15TH AND THE LAST DAY OF THE MONTH WILL COMMENCE FROM THE 1ST DAY OF THE FOLLOWING MONTH.

### PAY AS YOU GO BOOKINGS

- PAY AS YOU GO BOOKINGS ARE NON-REFUNDABLE EXCEPT IN EXCEPTIONAL CIRCUMSTANCES, SUCH AS CLASS CANCELLATIONS.
- IF YOU ARE UNABLE TO ATTEND A BOOKED CLASS, YOUR BOOKING MAY BE TRANSFERRED TO ANOTHER PAY AS YOU GO CLASS USING THE LINK PROVIDED IN YOUR BOOKWHEN CONFIRMATION EMAIL.

### BUDO PASS (LICENCE BOOK)

- FOLLOWING SUCCESSFUL MEMBERSHIP ACCEPTANCE AND COMPLETION OF THEIR FIRST GRADING, EACH STUDENT WILL RECEIVE A DIGITAL BUDO PASS (LICENCE BOOK).
- STUDENTS ARE RESPONSIBLE FOR CHECKING THAT ALL INFORMATION WITHIN THEIR BUDO PASS IS CORRECT. ANY ERRORS OR OMISSIONS SHOULD BE REPORTED TO THE ADMINISTRATION TEAM BY EMAILING: - [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK)

### STUDENT RESPONSIBILITIES

- ALL STUDENTS AGREE TO COMPLY WITH THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS AT ALL TIMES.
- IF A DISPUTE ARISES BETWEEN A STUDENT AND ANOTHER STUDENT, THEIR SENSEI (CLUB COACH), OR THEIR CLUB, THE MATTER SHOULD BE REFERRED TO THE COMPLAINTS DEPARTMENT BY EMAILING: - [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK)
- ANY TRAINING UNDERTAKEN AT CLUBS THAT ARE NOT REGISTERED WITH VALOR COMBAT SYSTEMS WILL INVALIDATE THE INSURANCE PROVIDED AS PART OF MEMBERSHIP.
- STUDENTS WISHING TO TRANSFER TO ANOTHER VALOR COMBAT SYSTEMS CLUB MUST NOTIFY THE ADMINISTRATION TEAM SO THAT THEIR MEMBERSHIP RECORDS CAN BE UPDATED.
- ALL NEW STUDENTS ARE SUBJECT TO A 6-MONTH PROBATIONARY PERIOD FROM THE DATE OF AFFILIATION.
- ANY BREACH OF THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS MAY RESULT IN SUSPENSION OR EXPULSION FROM THE ORGANISATION.

### MEMBERSHIP OPTIONS

- A VARIETY OF MEMBERSHIP OPTIONS ARE AVAILABLE, ALLOWING STUDENTS TO TRAIN ONE OR MORE TIMES PER WEEK.
- FOR CURRENT TUITION FEES, PLEASE VISIT: - [WWW.VALORCOMBATSYSTEMS.CO.UK/TUITIONFEES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/TUITIONFEES)

### UNIFORMS AND EQUIPMENT

- UNIFORMS, PROTECTIVE EQUIPMENT AND OTHER OFFICIAL MERCHANDISE ARE AVAILABLE TO PURCHASE FROM THE VALOR COMBAT SYSTEMS SHOP.

### GRADINGS

- GRADING (EXAMINATION) FEES START FROM £30 AND INCREASE ACCORDING TO GRADE LEVEL.
- STUDENTS WILL BE INVITED TO GRADE BY THEIR SENSEI ONCE THEY HAVE DEMONSTRATED THE REQUIRED LEVEL OF TECHNICAL PROFICIENCY THROUGH CONSISTENT ATTENDANCE AND TRAINING.

# RULES AND REGULATIONS POLICY

## VALOR COMBAT SYSTEMS TERMS AND CONDITIONS

### DIRECT DEBIT MEMBERSHIP

- OUR DIRECT DEBIT MEMBERSHIP PAYMENT SYSTEM IS ADMINISTERED THROUGH GOCARDLESS. BY SETTING UP A DIRECT DEBIT, YOU AUTHORISE VALOR COMBAT SYSTEMS TO COLLECT THE AGREED MEMBERSHIP FEE FROM YOUR BANK OR BUILDING SOCIETY ACCOUNT. YOUR MEMBERSHIP FEE INCLUDES TUITION AND MARTIAL ARTS INSURANCE.
- MEMBERSHIP PAYMENTS ARE COLLECTED AUTOMATICALLY ON THE 1ST OF EACH MONTH. SHOULD VALOR COMBAT SYSTEMS NEED TO AMEND EITHER THE PAYMENT AMOUNT OR COLLECTION DATE, WE WILL PROVIDE A MINIMUM OF ONE MONTH'S NOTICE.
- ONCE PROCESSED, MEMBERSHIP PAYMENTS ARE NON-REFUNDABLE, EXCEPT IN EXCEPTIONAL CIRCUMSTANCES, SUCH AS A PROLONGED ILLNESS OR INJURY. IN SUCH CASES, THE MAXIMUM REFUND AVAILABLE WILL BE EQUIVALENT TO ONE MONTH'S MEMBERSHIP FEE.
- MEMBERSHIPS CANNOT BE PAUSED FOR PERSONAL REASONS, EXCEPT IN CASES OF SEVERE ILLNESS OR INJURY, AS MEMBERSHIP FEES ARE CALCULATED ON A PRO-RATA BASIS.

### MISSSED CLASSES

- IF A STUDENT IS UNABLE TO ATTEND A CLASS DUE TO ILLNESS, INJURY, HOLIDAYS, OR IF THE SCHEDULED CLUB COACH IS UNAVAILABLE, THEY MAY ATTEND AN ALTERNATIVE CLASS.
- REPLACEMENT CLASSES MAY BE TAKEN REGARDLESS OF WHICH VALOR COMBAT SYSTEMS DISCIPLINE THE STUDENT IS ENROLLED IN, INCLUDING VALOR JU JITSU OR VALOR PRECISION COMBAT, AS BOTH SYSTEMS ARE DESIGNED TO COMPLEMENT ONE ANOTHER AND PROVIDE CONTINUED TECHNICAL DEVELOPMENT.
- PLEASE NOTE: REPLACEMENT CLASSES MUST BE TAKEN WITHIN ONE MONTH OF THE ORIGINAL MISSED LESSON.

### MEMBERSHIP CANCELLATION

- MEMBERSHIP MAY BE CANCELLED AT ANY TIME IF A STUDENT NO LONGER WISHES TO CONTINUE TRAINING. WE RESPECTFULLY REQUEST THAT YOU NOTIFY US AS SOON AS POSSIBLE IF YOU DECIDE TO CANCEL.
- ANY UNUSED REPLACEMENT CLASSES WILL BE FORFEITED UPON CANCELLATION OF MEMBERSHIP. HOWEVER, UNUSED REPLACEMENT CLASSES MAY BE TRANSFERRED TO AN IMMEDIATE FAMILY MEMBER WHO REMAINS AN ACTIVE VALOR COMBAT SYSTEMS STUDENT. THIS IS NECESSARY BECAUSE MARTIAL ARTS INSURANCE ONLY COVERS CURRENTLY REGISTERED AND ACTIVE MEMBERS.
- IT IS THE RESPONSIBILITY OF THE PARENT, GUARDIAN OR ADULT STUDENT TO NOTIFY VALOR COMBAT SYSTEMS OF ANY CHANGE IN CIRCUMSTANCES THAT MAY AFFECT THEIR MEMBERSHIP.

### FAILED PAYMENTS

- MEMBERSHIP IS AN ONGOING MONTHLY DIRECT DEBIT.
- FAILURE TO MAKE THE SCHEDULED PAYMENT ON THE 1ST OF THE MONTH, WITHOUT PRIOR COMMUNICATION, WILL INVALIDATE THE STUDENT'S MEMBERSHIP, INCLUDING THEIR MARTIAL ARTS INSURANCE. THE STUDENT WILL NOT BE PERMITTED TO TRAIN UNTIL THE OUTSTANDING BALANCE HAS BEEN SETTLED.
- ANY FAILED DIRECT DEBIT PAYMENT WILL AUTOMATICALLY INCUR A £6 ADMINISTRATION FEE THROUGH THE GOCARDLESS PAYMENT SYSTEM.
- FAILED PAYMENTS WILL BE AUTOMATICALLY RESUBMITTED TWICE FOLLOWING THE INITIAL FAILURE. IF PAYMENTS CONTINUE TO FAIL FOR THREE CONSECUTIVE MONTHS, THE STUDENT'S MEMBERSHIP WILL BE TERMINATED IMMEDIATELY.
- IF YOU EXPERIENCE ANY PAYMENT DIFFICULTIES, PLEASE CONTACT US AS SOON AS POSSIBLE USING THE DETAILS PROVIDED BELOW.

### MEMBERSHIP LICENCE FORM

- ONCE YOUR DIRECT DEBIT MEMBERSHIP HAS BEEN SUCCESSFULLY ESTABLISHED, YOU WILL RECEIVE A DIGITAL VALOR COMBAT SYSTEMS MEMBERSHIP LICENCE FORM VIA EMAIL FROM SIGNABLE.
- COMPLETION OF THIS FORM IS REQUIRED TO CONFIRM YOUR ACCEPTANCE OF THESE TERMS AND CONDITIONS AND TO ACTIVATE YOUR ONGOING MARTIAL ARTS INSURANCE.

### DIGITAL REGISTER

VALOR COMBAT SYSTEMS OPERATES A DIGITAL ATTENDANCE REGISTER AS PART OF OUR COMMITMENT TO MAINTAINING PROFESSIONAL STANDARDS. TO ENSURE ALL STUDENTS ARE CORRECTLY REGISTERED, EVERY STUDENT, PARENT OR GUARDIAN MUST BOOK AND SIGN IN THROUGH OUR BOOKWHEN BOOKING SYSTEM. THIS APPLIES TO BOTH: -

- NEW STUDENTS USING THE PAY AS YOU GO OPTION.
- EXISTING STUDENTS ATTENDING UNDER A MEMBERSHIP.

MAINTAINING ACCURATE ATTENDANCE AND CONTACT INFORMATION ENABLES OUR CLUB COACHES TO PLAN CLASSES EFFECTIVELY AND CONTACT STUDENTS OR PARENTS PROMPTLY IN THE EVENT OF AN EMERGENCY.

### CATCH-UP CLASSES

- STUDENTS WHO MISS A CLASS ARE WELCOME TO ATTEND ANY ALTERNATIVE VALOR COMBAT SYSTEMS CLASS HELD DURING THE WEEK, SUBJECT TO AVAILABILITY.
- ALL CATCH-UP CLASSES MUST BE PRE-BOOKED THROUGH THE BOOKWHEN BOOKING SYSTEM.

### ADDITIONAL TRAINING

- STUDENTS WISHING TO ATTEND AN OCCASIONAL EXTRA CLASS ARE WELCOME TO DO SO.
- ADDITIONAL CLASSES ARE CHARGED AT £7 PER SESSION AND MUST BE BOOKED THROUGH THE PAY AS YOU GO OPTION ON OUR BOOKWHEN BOOKING SYSTEM.

### CONTACT US

IF YOU HAVE ANY QUESTIONS REGARDING YOUR MEMBERSHIP OR THESE TERMS AND CONDITIONS, PLEASE CONTACT US: -

- TELEPHONE: 07794 577797
- EMAIL: INFO@VALORCOMBATSYSTEMS.CO.UK



# RULES AND REGULATIONS POLICY

## CODE OF CONDUCT FOR STUDENTS

- THE COMMAND OF THE SENSEI (CLUB COACH) MUST BE OBSERVED AT ALL TIMES.
- ALL STUDENTS ARE EXPECTED TO ARRIVE ON TIME FOR THEIR CLASS, OUT OF RESPECT FOR THEIR SENSEI AND FELLOW MEMBERS.
- UNIFORM REQUIREMENT: STUDENTS ARE REQUESTED TO ARRIVE FOR TRAINING CORRECTLY ATTIRED IN A CLEAN, WELL-MAINTAINED AND APPROPRIATELY FITTED GI/UNIFORM OF A SUITABLE QUALITY FOR MARTIAL ARTS TRAINING. UNIFORMS SHOULD BE IN GOOD CONDITION, FREE FROM EXCESSIVE WEAR AND TEAR, WITH ALL BADGES, EMBROIDERY AND CLUB INSIGNIA SECURELY ATTACHED AND CLEARLY VISIBLE. UNIFORMS WHICH ARE EXCESSIVELY DAMAGED, POORLY MAINTAINED, HEAVILY STAINED, OR NO LONGER FIT CORRECTLY, MAY BE DEEMED UNSUITABLE FOR TRAINING. THE CORRECT BELT, TIED PROPERLY AND REFLECTING THE STUDENT'S CURRENT GRADE NEEDS TO BE WORN AT ALL TIMES. NEW STUDENTS ARE REQUIRED TO PURCHASE AN OFFICIAL VALOR COMBAT SYSTEMS APPROVED UNIFORM WITHIN A MAXIMUM OF TWO MONTHS AFTER COMMENCING THEIR MEMBERSHIP. THIS ENSURES THE DISCIPLINE AND RESPECT SHOWN TOWARDS THE MARTIAL ART WHILST ATTENDING THEIR CLUB. FAILURE TO OBTAIN THE REQUIRED UNIFORM WITHIN THE SPECIFIED PERIOD MAY RESULT IN THE STUDENT BEING UNABLE TO PARTICIPATE IN TRAINING UNTIL THE REQUIREMENT HAS BEEN MET.
- UPON ENTERING THE DOJO (TRAINING ROOM), STUDENTS MUST CONDUCT THEMSELVES RESPECTFULLY, OBSERVING DOJO ETIQUETTE AND SHOWING COURTESY TO THEIR SENSEI AND FELLOW STUDENTS.
- SHOES ARE NOT PERMITTED ON THE TRAINING MAT AND SHOULD BE LEFT IN THE DESIGNATED AREA. VALOR COMBAT SYSTEMS APPROVED TRAINING SHOES OR GRIPPED SOCKS MAY BE WORN WHERE THERE IS A VALID REASON.
- PERSONAL HYGIENE IS OF PARAMOUNT IMPORTANCE AND APPLIES TO ALL STUDENTS. FINGERNAILS AND TOENAILS MUST BE CLEAN AND KEPT SHORT. LONG HAIR MUST BE TIED BACK SECURELY. STUDENTS SHOULD TRAIN BAREFOOT UNLESS SUFFERING FROM AN AILMENT SUCH AS VERRUCAS, ATHLETE'S FOOT, OR A SIMILAR CONDITION.
- JEWELLERY MUST NOT BE WORN DURING TRAINING. WHERE ITEMS SUCH AS RINGS CANNOT BE REMOVED, THEY MUST BE SUITABLY COVERED WITH TAPE OR A PLASTER BEFORE TRAINING COMMENCES.
- TRAINING EQUIPMENT: STUDENTS NEED TO BRING ANY EQUIPMENT REQUIRED FOR THEIR CLASS AND ENSURE ALL EQUIPMENT IS MAINTAINED IN A SAFE AND SERVICEABLE CONDITION. AS A MINIMUM REQUIREMENT, ALL STUDENTS SHOULD OBTAIN A SUITABLE PAIR OF BOXING GLOVES FOR TRAINING WITHIN A REASONABLE PERIOD AFTER JOINING. VALOR COMBAT SYSTEMS APPROVED BOXING GLOVES ARE RECOMMENDED; HOWEVER, ALTERNATIVE BRANDS MAY BE USED, PROVIDED THEY ARE OF AN APPROPRIATE QUALITY, OFFER ADEQUATE HAND PROTECTION AND ARE SUITABLE FOR MARTIAL ARTS TRAINING.
- AS STUDENTS PROGRESS THROUGH THEIR TRAINING, THEY WILL BE REQUIRED TO OBTAIN ADDITIONAL EQUIPMENT RELEVANT TO THEIR CHOSEN MARTIAL ARTS STYLE. THIS MAY INCLUDE, BUT IS NOT LIMITED TO SHIN GUARDS, KALI STICKS (X 2), JO STAFF, TRAINING KNIVES (ADULTS ONLY) AND OTHER APPROVED TRAINING EQUIPMENT AS DETERMINED BY THE SENSEI. STUDENTS WILL BE GIVEN SUFFICIENT NOTICE BEFORE ANY ADDITIONAL EQUIPMENT IS REQUIRED FOR TRAINING.
- ARTICLES NOT REQUIRED FOR A SPECIFIC TRAINING PURPOSE MUST NOT BE BROUGHT INTO THE DOJO.
- FOOD AND DRINK MUST NOT BE CONSUMED ON THE TRAINING MAT. CHEWING GUM IS STRICTLY PROHIBITED.
- ANY INJURY OR MEDICAL CONDITION EXISTING PRIOR TO A CLASS MUST BE REPORTED TO THE SENSEI BEFORE TRAINING BEGINS. SHOULD AN INJURY OCCUR DURING TRAINING, IT MUST BE REPORTED IMMEDIATELY TO THE SENSEI.
- INAPPROPRIATE BEHAVIOUR, CONDUCT OR LANGUAGE WILL NOT BE TOLERATED. FOLLOWING VERBAL WARNINGS, ANY STUDENT WHO CONTINUES TO BE DISRUPTIVE MAY BE ASKED TO LEAVE THE TRAINING AREA. FOR MINI AND JUNIOR STUDENTS, PARENTS OR GUARDIANS WILL BE INFORMED. CONTINUED MISCONDUCT MAY RESULT IN TEMPORARY SUSPENSION OR PERMANENT EXCLUSION FROM THE CLUB.
- VALOR COMBAT SYSTEMS ACCEPTS NO RESPONSIBILITY FOR INJURIES RESULTING FROM A STUDENT'S FAILURE TO FOLLOW INSTRUCTIONS OR OBSERVE THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS. FURTHER INFORMATION IS AVAILABLE AT [WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES).
- STUDENTS MUST WAIT TO BE INVITED ONTO THE MAT AND MUST NOT TRAIN OR ATTEMPT TECHNIQUES WITHOUT THE SUPERVISION OF A QUALIFIED SENSEI.
- NO STUDENT MAY JOIN OR LEAVE A CLASS WHILE TRAINING IS IN PROGRESS WITHOUT THE PERMISSION OF THE SENSEI.
- QUESTIONS MAY BE ASKED DURING CLASS BY RAISING A HAND AND WAITING TO BE ACKNOWLEDGED BY THE SENSEI.
- IF A BELT REQUIRES RE-TYING, THE STUDENT SHOULD STEP OFF THE MAT AT THE NEAREST SIDE, ADJUST THE BELT AND RETURN TO TRAINING PROMPTLY.
- NO MINI OR JUNIOR STUDENT MAY LEAVE THE DOJO FOLLOWING A CLASS UNLESS ACCOMPANIED BY A RESPONSIBLE ADULT.
- MEMBERS MUST NOT ABUSE, MISUSE OR DEMONSTRATE THEIR MARTIAL ARTS KNOWLEDGE OR SKILLS TO ANY PERSON OR IN ANY SITUATION NOT AUTHORISED BY VALOR COMBAT SYSTEMS.
- ANY BREACH OF THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS MAY RESULT IN DISCIPLINARY ACTION, INCLUDING SUSPENSION OR EXPULSION FROM THE CLUB.



# RULES AND REGULATIONS POLICY

## CODE OF CONDUCT FOR PARENTS AND GUARDIANS

- TO HELP CREATE A POSITIVE AND SUPPORTIVE TRAINING ENVIRONMENT, WE KINDLY ASK PARENTS AND GUARDIANS TO: -
- ENCOURAGE YOUR CHILD(REN) TO UNDERSTAND AND FOLLOW THE CODE OF CONDUCT FOR STUDENTS AND DOJO (TRAINING ROOM) ETIQUETTE.
- RECOGNISE AND CELEBRATE YOUR CHILD'S MARTIAL ARTS JOURNEY, EFFORT AND ACHIEVEMENTS.
- SUPPORT YOUR CHILD'S PARTICIPATION AND ENCOURAGE THEIR ENJOYMENT OF TRAINING.
- REGULARLY CHECK OUR WEBSITE AND SOCIAL MEDIA CHANNELS FOR UPDATES REGARDING IMPORTANT ANNOUNCEMENTS, COURSES, GRADINGS AND EVENTS.
- PROMOTE CONSISTENT ATTENDANCE, AS REGULAR TRAINING HELPS BUILD CONFIDENCE, IMPROVE SKILLS AND SUPPORT LONG-TERM DEVELOPMENT.
- PURCHASE UNIFORMS AND EQUIPMENT THROUGH VALOR COMBAT SYSTEMS TO MAINTAIN A CONSISTENT STANDARD ACROSS ALL CLASSES.
- INFORM US OF ANY MEDICAL CONDITIONS, INJURIES, ALLERGIES, OR SPECIAL REQUIREMENTS.
- TO MAINTAIN A FOCUSED, DISCIPLINED, AND SAFE TRAINING ENVIRONMENT, PARENTS AND GUARDIANS ARE NOT PERMITTED INSIDE THE DOJO DURING CLASSES UNLESS AUTHORISED BY A MEMBER OF THE COACHING TEAM OR THERE IS A VALID REASON.
- VALOR COMBAT SYSTEMS IS COMMITTED TO PROVIDING A RESPECTFUL AND PROFESSIONAL ENVIRONMENT FOR ALL MEMBERS. ANY INAPPROPRIATE, ABUSIVE, OR DISRESPECTFUL BEHAVIOUR TOWARDS OUR COACHING TEAM, ADMINISTRATION TEAM, OR OTHER MEMBERS WILL NOT BE TOLERATED. SUCH BEHAVIOUR MAY RESULT IN THE IMMEDIATE SUSPENSION OR PERMANENT EXCLUSION OF YOUR CHILD(REN) FROM VALOR COMBAT SYSTEMS.

# RULES AND REGULATIONS POLICY

## CODE OF CONDUCT FOR COACHES

### COACHES: -

- ARE REQUIRED TO PERSONALLY MAINTAIN A GOOD AND PROFESSIONAL ATTITUDE AT ALL TIMES, INCLUSIVE OF APPEARANCE.
- ARE REQUIRED TO HOLD UP-TO-DATE VALOR COMBAT SYSTEMS COACHING QUALIFICATIONS INCLUDING APPROPRIATE INSURANCE COVER.
- SHOULD ADHERE TO ALL POLICIES WITHIN VALOR COMBAT SYSTEMS.
- SHOULD BE AWARE THAT EQUALITY MEANS EVERYONE SHOULD BE TREATED FAIRLY. RECOGNISING THAT EVERYONE HAS INDIVIDUAL NEEDS AND THEIR REQUIREMENTS ARE ACCEPTED WITH RESPECT.
- ARE COMMITTED TO RESPECT THE RIGHTS, DIGNITY AND WORTH OF EVERY PERSON AND TREATING EVERYONE EQUALLY WITHIN THE CONTEXT OF THEIR MARTIAL ART. IRRESPECTIVE OF AGE, ABILITY, DISABILITY, GENDER, RACE, ETHNICITY, RELIGIOUS BELIEF, SEXUALITY, NATIONALITY OR SOCIAL/ECONOMIC STATUS.
- ARE COMMITTED TO EVERYONE HAVING THE RIGHT TO ENJOY THEIR MARTIAL ART IN AN ENVIRONMENT FREE FROM THREAT, INTIMIDATION, HARASSMENT AND ABUSE.
- NEED TO ENSURE WELLBEING AND SAFETY BEFORE DEVELOPING THE STUDENT'S SKILLS.
- NEED TO DEVELOP AN APPROPRIATE WORKING RELATIONSHIP WITH ALL STUDENTS. THE BUILDING OF TRUST AND RESPECT IS ESSENTIAL.
- ARE ADVISED TO ENCOURAGE STUDENTS TO ACCEPT RESPONSIBILITIES FOR THEIR OWN BEHAVIOUR AND FOLLOW THE CODE OF CONDUCT.
- MUST MONITOR THE ACTIVITIES APPLICABLE TO THE STUDENT'S LEVEL OF ABILITY.
- ARE REQUIRED TO MAINTAIN COMMUNICATION BETWEEN OTHER COACHES/STAFF, AS THIS IS ESSENTIAL FOR THE STUDENT'S PROGRESS.

# RULES AND REGULATIONS POLICY

## WHAT IS A GRADING?

### GRADING SYSTEM AND PROGRESSION

- A GRADING IS A PRACTICAL ASSESSMENT OF A STUDENT'S MARTIAL ARTS SKILLS. TO PROGRESS TO THE NEXT LEVEL AND ACHIEVE A NEW BELT, STUDENTS ARE REQUIRED TO SUCCESSFULLY PASS A GRADING (EXAMINATION).
- ALL BEGINNERS START WITH A WHITE BELT BEFORE ADVANCING THROUGH OUR STRUCTURED GRADING SYSTEM OF COLOURED BELTS. THE MINI SAMURAI AND MINI RAION FOLLOW A SLIGHTLY DIFFERENT PATH - THEY WEAR WHITE BELTS WITH COLOURED STRIPES TO SIGNIFY PROGRESS.
- WHEN A STUDENT IS CONSIDERED PROFICIENT, THEIR SENSEI WILL INVITE THEM TO GRADE THROUGH A FORMAL LETTER PRESENTATION WITHIN THEIR CLASS.
- GRADING EXAMINATIONS ARE HELD EVERY FOUR MONTHS; HOWEVER, ELIGIBILITY IS BASED ON CONSISTENT TRAINING, TECHNICAL ABILITY, EFFORT AND OVERALL PROGRESS AS ASSESSED BY THE SENSEI.
- NO STUDENT WILL BE GRADED/HONOURED FOR ANY GRADE HIGHER THAN IN THE APPROPRIATE ORDER.
- ALL MARTIAL ARTS STYLES WITHIN VALOR COMBAT SYSTEMS FOLLOW A STRUCTURED BELT PROGRESSION SYSTEM, CONSISTING OF THE FOLLOWING: -

| GRADING BELT TABLE                                                                  |                                |
|-------------------------------------------------------------------------------------|--------------------------------|
|    | RED BELT (7TH KYU)             |
|    | YELLOW BELT (6TH KYU)          |
|   | ORANGE BELT (5TH KYU)          |
|  | GREEN BELT (4TH KYU)           |
|  | BLUE BELT (3RD KYU)            |
|  | PURPLE BELT (2ND KYU)          |
|  | BROWN BELT (1ST KYU)           |
|  | BLACK BELT 1ST DAN (SHODAN)    |
|  | BLACK BELT 2ND DAN (NIDAN)     |
|  | BLACK BELT 3RD DAN (SANDAN)    |
|  | BLACK BELT 4TH DAN (YONDAN)    |
|  | BLACK BELT 5TH DAN (GODAN)     |
|  | BLACK BELT 6TH DAN (ROKUDAN)   |
|  | BLACK BELT 7TH DAN (SHICHIDAN) |
|  | BLACK BELT 8TH DAN (HACHIDAN)  |
|  | BLACK BELT 9TH DAN (KUDAN)     |
|  | BLACK BELT 10TH DAN (JUDAN)    |

### FURTHER INFORMATION AND GRADING ACHIEVEMENTS

- DETAILS REGARDING TRAINING, SYLLABUSES AND GRADING INFORMATION CAN BE FOUND ON OUR OFFICIAL WEBSITE: - [WWW.VALORCOMBATSYSTEMS.CO.UK](http://WWW.VALORCOMBATSYSTEMS.CO.UK)

### GRADING AWARDS

UPON SUCCESSFUL COMPLETION OF EACH GRADING, STUDENTS WILL RECEIVE THE FOLLOWING: -

- BELT - REPRESENTING THEIR NEW GRADE LEVEL AND PROGRESSION WITHIN THE SYSTEM.
- CERTIFICATE - SIGNED BY THE GRADING EXAMINER(S) AS FORMAL RECOGNITION OF ACHIEVEMENT.
- DIGITAL BUDD PASS - AN UPDATED DIGITAL RECORD OF GRADING PROGRESS, SIGNED AND ISSUED VIA EMAIL FOLLOWING THE GRADING.
- THESE AWARDS RECOGNISE EACH STUDENT'S HARD WORK, COMMITMENT AND PROGRESSION WITHIN VALOR COMBAT SYSTEMS.



# RULES AND REGULATIONS POLICY

## TRAINING

STUDENT EXPECTATIONS: ALL STUDENTS ARE REQUIRED TO FOLLOW THE FOLLOWING DOJO ETIQUETTE: -

### STUDENT EXPECTATIONS

1.



YOUR SENSEI (CLUB COACH) WILL GREET YOU UPON ARRIVAL AT THE DOJO (TRAINING ROOM).

2.



BOW INTO AND OUT OF THE DOJO. ALSO BOW WHEN STEPPING ON TO OR OFF THE MAT.

3.



LINE UP QUIETLY IN GRADE ORDER STANDING IN YOI DACHI (READY STANCE), AS SHOWN, AT THE BEGINNING AND END OF THE CLASS.

4.



THE CLASS WILL BOW IN TOGETHER FACING THE SENSEI, AS A MARK OF RESPECT. THIS WILL ALSO APPLY AT THE END OF THE CLASS.

5.



AFTER THE WARM UP, STUDENTS ARE ASKED TO LINE UP AT THE SIDE OF THE MAT, IN GRADE ORDER. PLEASE STAND IN YOI DACHI (READY STANCE) WHEN BEING SHOWN A TECHNIQUE.

6.



LISTEN WITHOUT INTERRUPTING AND REMAIN QUIET DURING INSTRUCTION. THROUGHOUT THE CLASS, THE SENSEI WILL USE THE TERM - 'YAME' (STOP). WHEN YOU HEAR THIS COMMAND, YOU MUST STOP YOUR TECHNIQUE IMMEDIATELY AND LISTEN TO THE SENSEI'S NEXT INSTRUCTIONS.

7.



IF YOU NEED TO ASK A QUESTION FOR ANY REASON, PLEASE RAISE YOUR HAND AND WAIT FOR THE SENSEI TO ACKNOWLEDGE YOU. THIS ALSO APPLIES TO ANY TOILET BREAK/DRINK REQUIRED.

8.



DO NOT LEAVE THE MAT WITHOUT THE PERMISSION OF THE SENSEI.

9.



RESPECT YOUR UKE (TRAINING PARTNER).

10.



KEEP THE MATS CLEAN AND PLEASE PUT THEM AWAY AT THE END OF THE CLASS.

# RULES AND REGULATIONS POLICY

## TRAINING

- THE STUDENT WILL AT ALL TIMES FOLLOW THE ESTABLISHED SYLLABUS OF THEIR CHOSEN MARTIAL ARTS STYLE WITHIN VALOR COMBAT SYSTEMS.
- THE STUDENT SHOULD ATTEND TRAINING REGULARLY AND WORK TO ACHIEVE THE HIGHEST PERSONAL STANDARD OF WHICH THEY ARE CAPABLE.
- IF AT ANY TIME A DISPUTE ARISES BETWEEN A STUDENT AND THEIR PEER(S), SENSEI (CLUB COACH) AND/OR THEIR CLUB, THE MATTER WILL BE REFERRED TO OUR ADMINISTRATION TEAM FOR ARBITRATION. FOR GUIDELINES, PLEASE FOLLOW OUR COMPLAINTS PROCEDURE POLICY FOUND HERE: - [WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES).

## SOCIAL MEDIA

- ALL STUDENTS/COACHES ARE REQUIRED TO ADHERE TO OUR SOCIAL MEDIA POLICY.
- OUR SOCIAL MEDIA POLICY IS FOUND HERE: - [WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES).

## VALOR COMBAT SYSTEMS CONTACT DETAILS

- TELEPHONE: 07794 577797
- EMAIL: [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK)
- WEBSITE: [WWW.VALORCOMBATSYSTEMS.CO.UK](http://WWW.VALORCOMBATSYSTEMS.CO.UK)
- FACEBOOK: [WWW.FACEBOOK.COM/VALORCOMBATSYSTEMS.CO.UK](http://WWW.FACEBOOK.COM/VALORCOMBATSYSTEMS.CO.UK)

**\*VALOR COMBAT SYSTEMS RESERVES THE RIGHT TO AMEND, ADD OR DELETE THE RULES AND REGULATIONS WITHOUT PRIOR NOTICE AND AT OUR DISCRETION.\***